

SPiRiT & DESTiNY

THE UK'S NO.1
SPIRITUAL LIFESTYLE MAGAZINE

FOR WOMEN WHO WANT THE BEST POSSIBLE FUTURE
FEBRUARY 2009 £2.90

**FREE
INSIDE!**
Doreen Virtue's
**ANGEL
HEALING
WALL CHART**

MYSTIC DIY

Feng shui
your future

Teach
yourself
tarot

Spiritual
bathing
rituals

CELEBRATE!

What the Chinese
Year of the Ox
holds for you

Try a tantra workshop
(you don't even have
to get naked!)

**YOUR
STARS FOR
FEBRUARY**
In-depth personal
predictions

Magic
aphrodisiacs
DELICIOUS LOVE SPELLS

Successful
seduction
guaranteed!



Circle of trust

Whether you're lucky enough to receive a proposal this Valentine's or you simply want to treat yourself to a rock, make sure your gem is untarnished by investing in a conflict-free diamond. For an engagement ring you'll be proud to flash, Oria is an ethical jeweller offering bespoke rings. The gold is mined without toxic substances and is hand-panned instead, while Oria deals with cooperatives, preventing profits being used to fund wars. We love the Nina collection, based on the Chinese phoenix, a mythical bird of fire, signifying honesty and moral values. It features an 18-carat yellow gold ring with diamonds or green and pink tourmalines. Prices from £559. Call 07979-968301 or visit www.oriajewellery.co.uk



YOUR NECK

Make them swoon at your swan-like neck in this top with a tie at the front. **Black and white organic jersey cotton striped tie-neck top**, \$45, from People Tree. Call 0845-450 4595 or visit www.peopletree.co.uk



YOUR CURVES

Celebrate your curves in this slinky number. **Black fair-trade merino wool-mix wrap dress**, £128, by Alchemist. Also available in brown. Call Equa Clothing on 020-7359 0955 or visit www.equaclothing.com

Tee of life

Wear your heart on your sleeve in a dress or hoodie made from recycled charity T-shirts. Fashion label Goodone has collaborated with Shelter, Amnesty, Greenpeace and WWF to turn their donated campaign T-shirts into covetable clothes that will turn heads and get people talking. All profits go to the charities, and the limited-edition designs are made by Goodone and the London-based HEBA women's project, where women from diverse backgrounds can learn new skills to suit their needs and commitments. Prices from £50. Call 020-7249 0199 or visit www.goodone.co.uk



YOUR BACK

Exude elegance in a rear-revealing dress. **Wine organic cotton jersey bow-back dress**, \$70, by Camilla Norrback. Available from Fashion Conscience on 0871-394 1180 or visit www.fashion-conscience.com



YOUR WAIST

Accentuate a waspish waist with a nipped-in cut and a full skirt. **Green vintage Ghanaian fabric shirt dress**, \$89, from Sika. For stockists, call 020-8858 8158 or visit www.sikadesigns.co.uk

Moral dress code

To browse affordable, on-trend ethical fashion from the convenience of your armchair, look no further than Bochica. Named after the South American god of morals, the website has stylish dresses, chunky knits, essential tops, jeans for all tastes, statement jewellery and swoon-worthy shoes. They're all hand-picked from organic, sustainable and fair-trade brands such as Komodo, Kuyichi, Made, and Terra Plana, as well as lesser-known labels, including Giggle Organic and Novocas. Prices from £14. Visit www.bochica.co.uk



Komodo card, £70, Hatti bag, £58, Komodo coat, £85



COMPILED BY TARIYA SHALZ
PHOTOS STYLIED 7